



Bushcraft Back Woods Cooking – Risk Assessment

The document shows the risk assessment ratings for each identified hazard. The score for the likelihood of its happening is multiplied by the score of the severity of the injury.

(For example, likelihood 2 multiplied by Severity 5 = 10 medium).

This Risk assessment identifies the risk control methods that have been put into place to reduce either the Severity or Likelihood of an accident.

| Hazard | Who | Existing Risk Value | Action to Prevent | New Risk Value |
|---|---|---------------------|--|-------------------|
| Slips, Trips & Falls | Participants Instructors Spectator | 5*5=25 High | Be made aware of any steps or objects on the ground. Be aware of surroundings. Shoelaces to be tied up. Appropriate Footwear to be worn. Clear Briefing/Instructions, full understanding. No running in the area. | 3*2=6 Low |
| Failure of equipment | Participants Instructors Spectator | 2*2=4 Low | Proper maintenance of equipment. Pre – use checks + Bi - weekly checks | 1*2=2 Low |
| Illness (under cooked food, poor hygiene) | Participants Instructors Spectator | 3*2=6 Low | Leaders and instructor supervise. Wash hands before starting to prepare, cook and after session Explain how long the food should be kept at the heat for | 2*2=4 Low |
| Allergies | Participants Instructors Spectators | 5*5=25 High | Allergy information provided prior to session with 2 copies stored (1 for instructor on session, 1 for archive) Allergy free options available (Gluten Free / Lactose free) Full set of utensils and equipment provided in separate box PPE offered for staff if required | 1*5=5 Low |
| Burns (Hot Food, cooking implements) | Participants Instructors Spectator | 4*2=8 Med | Relevant cooling period given to food before consumption Use thick/heat resistant gloves where appropriate. | 2*2=4 Low |
| Burns | Participants Instructors Spectator | 4*5=20 High | Keep all fires controlled and small. Participants given appropriate training for the session Burns Kit and water bucket available at session | 3*2=6 Low |
| Cuts, Scrapes and Bruises | Participants Instructors Spectator | 2*2=4 Low | Give proper instruction on how to use ferro rod and striking steel. Supervise use of the equipment at all times | 1*2=2 Low |
| Behavioural Problems | Participants Instructors Spectator | 5*5=25 High | Clear Briefing/Instructions, full understanding. Yellow/red card system. Ratio's 12:1 maximum. | 2*5=10 Med |

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|--|--|----------------|---|---------------|
| | | | Group leader must be present to control group behaviour. | |
| Wildlife | Participants Instructors Spectator | 5*5=25 High | Area checked before, during and after use Allergies (controlled by group leader) | 4*1=4 Low |
| Weather | Participants Instructors Spectator | 5*5=25 High | Activity should not go on during lightning weather or strong winds. | 4*2=8 Med |
| Environment | Participants Instructors Spectator | 5*5=25 High | Area cleared of tree debris and any trip hazards, with as minimal impact to the natural living area as possible | 1*1=1 Low |
| Covid-19 Instructor/ General Rules | Participants Instructors Spectator | 5*5=25 High | 1m distance enforced if positive PPE to be worn if positive | 5*2=10 Med |

This risk assessment is written in accordance with the operating process and procedures.

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Position: Lead Outdoor Activity Instructor

Date: 01/2025

IOL Bushcraft Training & Food and Hygiene

Risk Assessment CPD

Reviewed by: Stuart Whythe

Position: Deputy Centre Manager and Programmes Manager

Date: 01/2025

Health and Safety Level 2

Risk Assessment CPD

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|---|---|----|----|----|----|
| * | 1 | 2 | 3 | 4 | 5 |
| 1 | 1 | 2 | 3 | 4 | 5 |
| 2 | 2 | 4 | 6 | 8 | 10 |
| 3 | 3 | 6 | 9 | 12 | 15 |
| 4 | 4 | 8 | 12 | 16 | 20 |
| 5 | 5 | 10 | 15 | 20 | 25 |

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| Levels of Acceptance 1-6 Low = Acceptable 7-10 Medium = Monitor 11-12 Medium = Re-evaluate 13-25 High = Not acceptable | |
| Likelihood of Occurrence | Severity of Harm |
| 0 = Never 1 = Unlikely 2 = Possible 3 = A chance 4 = Likely 5 = Certain | 0 = No Harm 1 = Bumps & Bruises 2 = Small Cuts & Lacerations 3 = Broken/Fracture of Bones 4 = Loss of limb 5 = Fatality |