



## Orienteering – Risk Assessment

The document shows the risk assessment ratings for each identified hazard. The score for the likelihood of its happening is multiplied by the score of the severity of the injury.

*(For example, likelihood 2 multiplied by Severity 5 = 10 medium).*

This Risk assessment identifies the risk control methods that have been put into place to reduce either the Severity or Likelihood of an accident.

Hazard	Who	Existing Risk Value	Action to prevent	New Risk Value
Slips, Trips & Falls	Participants Leaders Spectators	5*5=25  High	Be made aware of any steps or objects on the ground. Shoe laces to be tied up. Appropriate Footwear to be worn. Clear Briefing/Instructions, full understanding. Recommend no running. No climbing fences. No climbing Trees.	2*5=10  Med
Entanglement	Participants	5*5=25  High	Ensure all Long hair is tied up/back as appropriate. Clear Briefing/Instructions, full understanding. Recommend no running. Be made aware of GPS/compass cord.	2*5=10  Med
Falling objects	Participants Leaders Spectators	5*5=25  High	Clear Briefing/Instructions, full understanding. Site Arborists report on trees obtained. Buildings Checked periodically.	1*5=5  Low
Behavioural Problems	Participants Leaders Spectators	5*5=25  High	Clear Briefing/Instructions, full understanding. Site behavioural Policy. Recommended low numbers of participants for control. (decision is down to the leader's ability) Instructions to include a 'no tampering' brief to stop interference with other groups as well as a no-go boundary at point on the map	2*5=10  Med
Wildlife	Participants Leaders Spectators	5*5=25  High	Allergies (controlled by group leader) Pest control where appropriate.	1*5=5  Low
Weather	Participants Leaders Spectators	5*5=25  High	Activity recommended not to be used in lightning weather. Activity recommended not to be used in strong winds. (decision is down to the leader's discretion) Recommend no running. Clear Briefing/Instructions, full understanding. Appropriate lighting when required.	1*5=5  Low
Environment	Participants Leaders Instructors	5*5=25  High	Site cleared as appropriate or hazards made visible for avoidance	1*5=5  Low
Covid-19 Instructor Contact (Positive)	Participants Leaders Instructors	5*5=25  High	1m distance if instructed Where not possible, face masks to be worn	5*2=10  Med
Covid-19			Removed	

General Contact/Arrival				
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**This risk assessment is written in accordance with the operating process and procedures.**

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Reviewed by: Stuart Whythe

Position: Deputy Centre Manager / Programmes Manager

Date: 01/2025

Qualification: Health and safety Level 2

Written risk assessments CPD

Likelihood of Occurrence	Severity of Harm
0 = Never	0 = No Harm
1 = Unlikely	1 = Bumps & Bruises
2 = Possible	2 = Small Cuts & Lacerations
3 = A chance	3 = Broken/Fracture of Bones
4 = Likely	4 = Loss of limb
5 = Certain	5 = Fatality

		Severity				
		*	1	2	3	4
Likelihood	1	1	2	3	4	5
	2	2	4	6	8	10
	3	3	6	9	12	15
	4	4	8	12	16	20
	5	5	10	15	20	25

Levels of Acceptance	
1-6 Low	= Acceptable
7-10 Medium	= Monitor
11-12 medium	= Re-evaluate
13-25 High	= Not acceptable